



# Behavioral Health Matters

*"When 'I' is replaced by 'We', even illness becomes wellness."*

*--Healthy Place.com*



Spring 2016

## In This Issue

[Introduction](#)

[Latest News Regarding  
Changes in Colorado's  
Medicaid System](#)

[Process Improvement  
Efforts](#)

[Site Re-Locations at MHP](#)

[Helpful Resources](#)

[Resources & Advocacy](#)

**Dear Community Partner:**

*Welcome to "Behavioral Health Matters," the new FBHP quarterly electronic newsletter with updates and information on behavioral health benefits and services for Medicaid members*

FBHP is the Behavioral Health Organization (BHO) that manages mental health and substance use disorder (SUD) benefits for people who have Medicaid and live in Boulder, Broomfield, Clear Creek, Gilpin, and Jefferson Counties. We'll be sending this quarterly electronic newsletter to inform our community partners and interested individuals about our services, so that you may help our Medicaid members access mental health and SUD Services.

## Updates and Developments

### Latest News Regarding Changes in Colorado's Medicaid System

[Groups](#)

[MHC Happenings](#)

[Contact Us](#)

## Helpful Resources

Click on the links below to go directly to these helpful sites

Click on any of the links below to learn more about our community partners in support and advocacy for Mental Health

### [Advocates For Recovery](#)

An organization dedicated to supporting recovery from addiction through training of peer recovery coaches and providing advocacy for the addiction-recovery community

### [The Arc of Colorado](#)

A statewide advocacy organization that works to build better lives for persons with intellectual and developmental disabilities and their families, by improving connections to schools, work, and the community

### [Colorado Mental Wellness Network](#)



### **Updates in Accountable Care Collaborative planning**

HCPF continues to work closely with Colorado Behavioral Health Council (CBHC) and the Behavioral Health Organizations Directors to develop a new payment model. The current draft proposal includes the following:

- BH capitation will remain largely intact and RAEs will manage the continuum of BH services including outpatient and B3 services, SUD and co-occurring, crisis and hospitalizations
- Limiting the covered diagnosis requirements to allow for more "preventive" services. This may include a set number of initial outpatient visits without a covered diagnosis required. Medical necessity would still need to be demonstrated.
- Expanded funding for integrated care, with the following potential changes:
  - Defining a new set of services (i.e. BHPs and PCPs joint services)
  - Behavioral health services provided in primary care (as part of primary care team and also providing "X" number of traditional BH services in PCP office)
  - Not limited to diagnosable conditions

The discussion on the HCPF strategy to address integrated care will begin soon and includes BHOs

A grassroots organization, run by and for individuals with mental health challenges, dedicated to providing support through education, advocacy, and peer services

#### **[Federation for Families for Children's Mental Health](#)**

A national family-run organization, focused on the issues of children and youth with emotional, behavioral, or mental health needs and their families

#### **[MHAC \(Mental Health America of Colorado\)](#)**

A statewide chapter of a national organization, which strives to promote mental health, expand access to services, and transform systems of health care.

#### **[NAMI \(National Alliance for Mental Illness\) Colorado](#)**

A statewide nonprofit organization whose mission is to give strength and hope to individuals with mental illness and their families

### **Mental Health Center Happenings**



and CBHC. For more info, click [here](#).

## Process Improvement Efforts



### Working Together to Improve Members' Experiences

Leaders from FBHP, Mental Health Partners, and Jefferson Center for Mental Health are in the process of engaging with county Departments of Human Services (DHS) to further collaboration for Medicaid members, in light of a statewide focus in this area and to follow up on feedback provided to FBHP from DHS staff surveys and the Stakeholders Council. We have conducted initial meetings with the mentioned organizations and are now working towards coming together to find ways to improve the member experience when accessing services.

FBHP is also currently reviewing existing processes for maintenance of the Independent



Jefferson Center now has two pharmacy locations:

**9485 W Colfax Ave in  
Lakewood,**

and the newest one at

**4851 Independence Street in  
Wheat Ridge.**

Blue Spruce Pharmacy offers online refills, medication consults with a pharmacist, competitive prices, and is able to fill any type of prescription.



**Thursday, August 4th**

**4:30-9pm**

Jefferson Center is hosting its annual Putt Your Stuff mini golf tournament: a fun evening of mini-golf, BBQ, and prizes galore. It's a family-friendly event that helps fund critical mental health and wellness services. For more info, check out [jcmh.org](http://jcmh.org) or call 303-432-

Provider Network (IPN) to include the most qualified providers with demonstrated performance and ensure appropriate access to services.

## Site Re-Locations at MHP

Mental Health Partners (MHP) has recently made several location changes, consolidating offices in Broomfield and opening a new office in Lafayette.



On April 11, MHP consolidated its two service locations in Broomfield to one location in the new Broomfield Health and Human Services building at 100 Spader Way, Suite 249, Broomfield (2nd floor). MHP's two former locations (899 Highway 287, Suite 300, and 2 Garden Center, Suite 204) are closed. A wide array of clinical services are available at the new locations.

5334 to register.



### **S.T.E.P. (Systematic Training for Effective Parenting) Class**

Classes focus on how best to help parents and children relate to one another and demonstrate that traditional parenting tactics do not always work with children with mental illness.

- The material is covered in seven 2 1/2-hours
- The cost of the class is \$200 (free for Medicaid members.)
- In order to make referrals, call 303-432-5243, and leave your name, phone number, and payor source (e.g. Medicaid, self-pay, etc.), plus who referred you.





On May 2, Mental Health Partners transitioned some of its administrative teams to its newly renovated location at 1455 Dixon Ave., Lafayette. MHP also intends to provide mental health and/or substance use treatment services at this location, improving access for residents east of Boulder.

**We want YOUR opinion!!**



## **E-Newsletter survey**

FBHP has been sending this quarterly e-newsletter for two years, and we'd like to know how well it meets your needs. We would be grateful if you



**Thursday, August 11th**

**at Nissi's in Lafayette**

**"The Magic of Music"** - a musical revue featuring two local guitarists/vocalists Andy Matteo and Laurie Dameron, both of whom will share their story of mental illness along with their outstanding music.

For more information, contact Cindy Cohagen at 303-545-0842 or [ccohagen@mhpcolorado.org](mailto:ccohagen@mhpcolorado.org).

**Wednesday, October 9th**

**5:30-7:30pm**

**at the Ryan Wellness Center**

**(1000 Alpine Ave., Boulder)**

**"Art Walk and Talk"** - A free, open-to-the-public tour of the wonderful original art now on display at MHP. John Fielder, Colorado's renowned landscape photographer, will

would take a few minutes to complete this survey about our e-newsletter. To show our appreciation for your time, we will enter the names of all who complete the survey into a drawing for three

**\$20 gift cards to Barnes & Noble.**

The survey will ask for your name for this purpose, but it will not be attached to your feedback when we receive the data analysis, so your responses will be anonymous).

Please click [here](#) to complete the survey

Thank you for your time and feedback!

present a slideshow about his latest project of photographing water and wildlife along the Yampa River. He will also share his personal and family experiences with mental health issues.

**Need More Info?**

**Contact Us ...**

### **Office Location**

Foothills Behavioral Health

9101 Harlan St., Suite 100  
Westminster, CO 80031

303-432-5951

To obtain information about services available to Medicaid members, please contact one of the following organizations:

### **Foothills Behavioral Health Partners**

(866) 245-1959 Toll Free

(800) 432-9553 TTY

(303) 432-5950 Office

### **Jefferson Center for Mental Health**

[www.jeffersonmentalhealth.org](http://www.jeffersonmentalhealth.org)

(303) 425-0300

**Mental Health Partners**

[www.mhpcolorado.org](http://www.mhpcolorado.org)

(303) 443-8500

**Independent Provider  
Network**

1-866-245-1959

Please email any questions, concerns, or suggestions related to this e-newsletter to Linda Runyon.

[LindaRu@jcmh.org](mailto:LindaRu@jcmh.org)