



# Behavioral Health Matters

*"Our lives begin to end the day we become silent about things that matter."*

*Martin Luther King Jr.*

## Summer 2016



**Dear Community Partner:**

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*Welcome to "Behavioral Health Matters," the FBHP quarterly electronic newsletter with updates and information on behavioral health benefits and services for Medicaid members*

FBHP is the Behavioral Health Organization (BHO) that manages mental health and substance use disorder (SUD) benefits for people who have Medicaid and live in Boulder, Broomfield, Clear Creek, Gilpin, and Jefferson Counties. We'll be sending this quarterly electronic newsletter to inform our community partners and interested individuals about our services, so that you may help our Medicaid members access mental health and SUD Services.

## Updates and Developments

### Colorado Medicaid Changes



Effective June 27, 2016, the Colorado Medicaid program is now called Health First Colorado. If you are interested in learning more about the changes and available resources to members, check out the

[Health First Colorado News page.](#)

## Resources and Advocacy Groups

### [Advocates for Recovery](#)

Advocates for Recovery

An organization dedicated to supporting recovery from addiction through training of peer recovery coaches and providing advocacy for the addiction-recovery community.

### [The Arc of Colorado](#)

A statewide advocacy organization that works to build better lives for persons with intellectual and developmental disabilities and their families, by improving connections to schools, work and the community

### [Colorado Mental Wellness Network](#)

A grassroots organization, run by and for individuals with mental health challenges, dedicated to providing support through education, advocacy and peer services.

### [Federation for Families for Children's Mental Health](#)

A national family-run organization focused on the issues of children and youth with emotional, behavioral, or mental health needs



Members can download the PEAK*Health* mobile app to find a doctor, get their Health First Colorado card, and more.

Members must be a current Health First Colorado or CHP+ member to use the secure PEAK*Health* app and must have an account on [Colorado.gov/PEAK](http://Colorado.gov/PEAK).

Health First Colorado and CHP+ members can create a PEAK account anytime at [Colorado.gov/PEAK](http://Colorado.gov/PEAK).

Members can download PEAK*Health* for free by clicking [here](#) for the Apple iTunes Store or [here](#) Android/Google Play App Store.

and their families.

### [MHAC \(Mental Health America of Colorado\)](#)

A statewide chapter of a national organization, which strives to promote mental health, expand access to services, and transform systems of health care

### [NAMI \(National Alliance for Mental Illness\) Colorado](#)

A statewide nonprofit organization whose mission is to give strength and hope to individuals with mental illness and their families

## Mental Health Center Happenings



## Policy Action Network (PAN) Annual Kickoff





## State Financial Audits

Monday, September 26, 2016

5:00 - 6:30 p.m.

(light buffet dinner 5-5:30pm)

Shepherd of the Hills Church

11500 West 20th Ave., Lakewood

Please RSVP to 303-432-5325 by September 15th.

The PAN is a great way to get involved in the community, by establishing and maintaining positive relationships with elected officials and other decision-makers to promote adequate resources and improve the lives of community members.

### Mental Health Blog



*The Mental Health Matters Blog* on the Jefferson Center website has a lot of interesting and helpful articles about a variety of different topics related to mental health and well-being. The most recent article is about reducing clutter. Here is the link to the article: [Mental Health Matters](#)



### **CMHC Myers and Stauffer Audits**

Last year, four Community Mental Health Centers (CMHCs) in Colorado (including Jefferson Center for Mental Health), experienced an audit contracted by HCPF and conducted by the firm Myers and Stauffer. The results indicated significant differences in how the CMHCs accounted for costs. This has resulted in HCPF contracting with Myers and Stauffer to audit every Colorado CMHC's fiscal year 2016 cost report. The goal is to improve the systematization of cost accounting for these public services. The audited cost reports will be used to price the CMHC's encounters for the rates effective July 1, 2017.

The State will also be auditing the BHO's fiscal and statistical reports, mainly to ensure the BHO's are not including unallowable costs in their administrative overhead.

### **Rate Setting**

The next rate setting is to begin in November 2016. We anticipate another rate cut for the 2017/18 year as the state will need to narrow the upper and lower payment limit bands per the new CMS rate development guidelines. The state will use the allowable FY2016 data and audited cost



### **MHP is on the move ...**

There are several office/location changes going on at MHP, including:  
The 1455 Dixon Ave. location in Lafayette is now home to executive staff and administrative teams.

MHP is establishing an adult campus in Boulder utilizing two adjacent buildings: the Ryan Wellness Center at 1000 Alpine Ave., and a newly renovated facility at 975 North St. These two buildings will support many teams, including adult outpatient services, housing, wellness, employment, a pharmacy, a psychiatric provider clinic, telehealth, and others.

### **Rising Above ...**



Samantha Magnum, a Recovery Care Coordinator at MHP, is trying to raise \$50,000 to help MHP clients "Rise Above" the stigma of mental illness. To do this, she will climb Aconcagua, a 22,841-foot peak in the Andes. You can support Samantha by making a donation at [GoFundMe/RiseAboveStigma](https://www.gofundme.com/RiseAboveStigma). Click [here](#) to read more about Samantha's efforts.

reports as the basis for the rates.

## Peer Credentialing Process Update



Keep Your Eyes Peeled! The Colorado Peer and Family Specialist (CPFS) Certification Board is making progress. The Board will be releasing important information by the next e-newsletter issue. Be looking for more details about the Marketing Plans, a tutorial on how to complete the Online Peer Application, a PowerPoint about the CPFS Credential, and information on the Grandfathering period.

With our continued commitment to and proven success of the use of peers in the recovery process; FBHP, in partnership with Beacon Health and the CMHCs, will be providing peer supervisor and peer training to our partner CMHC staff this fall.

## Independent Provider

## 2016 Advocates for Recovery Rally



Come and Join *Advocates for Recovery* for a fun way to increase awareness of and advocate for the addiction-recovery community.

**Saturday, September 24th**

### Downtown Denver

- Recovery walk from Union Station to Civic Center Park
- AFR Ride for Recovery - Motorcycle ride to Civic Center Park
- Live DJ - Ron Severns & Live Music from Ramer Gentry Duo
- Fun for the whole family - dancing, t-shirts, networking, children's activities!

For more info, contact James Gannon at [JamesGannon@advocatesforrecovery.org](mailto:JamesGannon@advocatesforrecovery.org)

or 720-412-4774.

## Network Round-Table Trainings



### Mental Health IPN Round-table Trainings

Next month, FBHP will host their first Quarterly Round-Table call/webinar for our mental health Independent Provider Network IPN (SUD IPN provider round-tables are already in place). These sessions will offer training and technical advice to our independent mental health providers while also providing a forum for feedback and questions. We plan to have representatives from the CMHCs participate and offer their expertise to their local IPN.

**Wednesday, September 14th**

**FBHP office**

**9101 Harlan St, Westminster**

**Need More Info?  
Contact Us ...**

### Office Location

Foothills Behavioral Health Partners

9101 Harlan St., Suite 100  
Westminster, CO 80031

303-432-5951

To obtain information about services available to Medicaid members, please contact one of the following organizations:

### Foothills Behavioral Health Partners

(866) 245-1959 Toll Free

(800) 432-9553 TTY

(303) 432-5950 Office

### Jefferson Center for Mental Health

[www.jeffersonmentalhealth.org](http://www.jeffersonmentalhealth.org)

(303) 425-0300

### Mental Health Partners

[www.mhpcolorado.org](http://www.mhpcolorado.org)

(303) 443-8500

### Independent Provider Network

For more information or to register please  
email [Marilyn Hejny](#).

1-866-245-1959

Pease email any questions, concerns, or suggestions related to this e-newsletter to Linda Runyon.

[LindaRu@jcmh.org](mailto:LindaRu@jcmh.org)